





BIENVENUE À VERSAILLES!

WELCOME TO OUR NEW ENGLISH-SPEAKING FRIENDS!

NEWLY ARRIVED AND FEELING LOST? WE CAN HELP YOU!

Come and join the AVF LIFT PROGRAM



THE AVF LIFT PROGRAM

LIFT: LOST IN FRANCE TOGETHER

LIFT is a series of sessions organised by the AVF association (Accueil des Villes Françaises) in Versailles, designed to help newcomers from other countries adjust to life in France. People are welcome to attend any or all of the sessions; they are all free of charge for a small AVF membership fee.

Set up as workshop by AVF Versailles, the sessions are held in English and given by expats and native French with experience of international moves.

LIFT is offered as a free servcie to AVF members. Non-members can sign up at any of the LIFT sessions. Membership also gives access to a wide program of activities organised by the AVF Versailles including English-French conversation groups, cultural visits and activities (e.g. book club), sport activities, culinary workshops, recreational activities, nature outings, sight-seeing tours, day trips to discover regional France, etc. You don't have yo live in Versailles to join.

THE PROGRAM
FOR THE
NEXT LIFT
WORKSHOP
IS AS FOLLOWS

- Welcome session & Running a home in France
- Culture without the shock
- · Staying healthy in France
- Activities for kids
- Driving in France
- Good tips : coffee shops, tea rooms, etc.



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